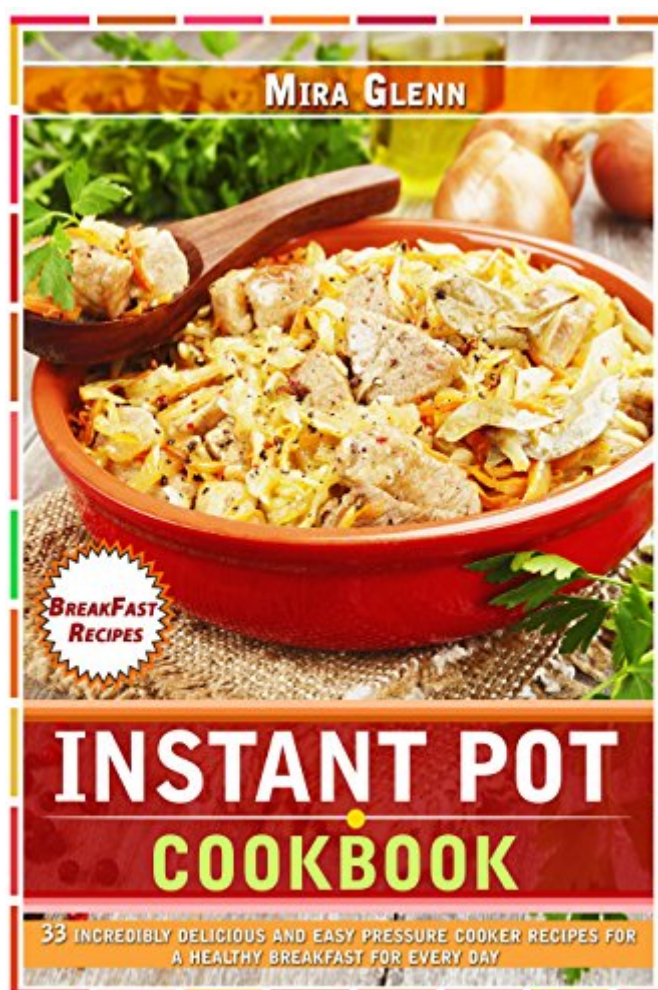


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# Instant Pot Cookbook: 33 Incredibly Delicious And Easy Pressure Cooker Recipes For A Healthy Breakfast For Every Day



## Synopsis

Tired of reading the same run of the mill Instant pot recipes? Halt your quest right and bring a revolution to your kitchen with these easy and delicious recipes, specially designed for Instant Pot. We all know the benefits of using an Instant Pot over any other slow cooker. Unlike any other cooking equipment, Instant Pot preserves the nutrient value of the food. It is a clean and energy efficient way of cooking. Though, that is not the best part about it. By using an instant pot, one can cook even the most complicated of recipes in a matter of a few minutes. It is an easy and hassle-free way of cooking. If you don't have an instant pot in your kitchen, then it is high-time you get one and start cooking with the help of our extensive guide. We have handpicked some of the best recipes for Instant Pot in this cookbook. Our major focus was on breakfast recipes. After all, breakfast is the most important meal of the day. It has been observed that a lot of people skip their breakfast these days. Now, you can get all the essential nutrition while saving your time with the help of this cookbook. The guide contains easy, hassle-free, and nutritive recipes that can be cooked using an instant pot. We have mentioned some of the most delicious soups that one can ever cook in a pot. Also, some out of the box breakfast recipe ideas like quinoas, burrito bowls, eggs in a basket, baked apples, and more have been featured in the book. To make things easier for you, we have listed all the ingredients and instructions separately. Providing crisp and precise information, we have covered 33 of the best and quick recipes that one can cook using an Instant Pot. Don't waste your time anymore browsing any other book. This one will provide the most effortless experience to you by giving foolproof results. Treat your loved ones nicely with these delicious recipes and bring a revolution in your kitchen. Free bonus inside only for you - 5 Instant Pot Desserts Recipes! Tags: instant pot, pressure cooking, recipes for pressure cooker, pressure coker, recipes book, instant pot recipes book, healthy food recipes, Pressure Cooker Recipes Instant Pot Cookbook, Slow Cooker

## Book Information

File Size: 2784 KB

Print Length: 74 pages

Publisher: Mira Glenn (September 8, 2016)

Publication Date: September 8, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01LWE1IEO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Enhanced Typesetting: Enabled

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## Customer Reviews

There are a lot of useful tips in the book and they come in handy, especially if you do not have a lot of experience with a pressure cooker. The recipes are simple and convenient! And stuff that I actually want to eat! Prepare yourself to create yummy dishes in a short amount of time. Every single tip and recipe were so carefully explained. This book is packed full with various recipes for many dishes. Food for every occasion and time. I found the breakfast recipes adding more variety to my morning meal table. I highly recommended this book.

I really don't cook breakfast because of the lack of time preparing ingredients and just waiting for the food to be cooked. And sometimes I am not really sure if my family gets the right nutrition for their body because we all know that some ways of cooking eliminate the nutrients. But I found out in this Instant Pot Cookbook that there is a way we can cook without consuming much time and at the same time it preserves the nutrient in the food we eat. For moms out there, better try this one, take a time to read and I know you won't regret.

In the annotation to the book correctly noted that many people skip breakfast. It's true. I'm one of those. I just do not have time in time to have breakfast. I have a pot of instant but I did not use it before. I tried out a few recipes from this book, and it's really tasty and quickly prepared. Now I miss less breakfast. Now I needed to learn to wake up early in the morning. Recipes that I liked are: Creamy potato soup with kale, pressure cooker corn on the cob, cheesy potatoes au gratin.

The beginning part of the book gives an introduction to the Instant Pot, to pressure cooking. It tells me about the formation of a pressure cooker, how it got formed, gradual improvement, modern

features so that I get a clear concept about it. It also describes how it can be used to its best. This book includes in modern style of cooking delicious and the best tasty meals you can ever dream of. I found some great recipes here and instructions for using my new Instant Pot. Great book!

This book is a decent guide since it discusses a portion of the most straightforward pot formulas which can be made effortlessly for our day by day breakfast. It gave 33 formulas that you could browse. This book incorporates into cutting edge style of cooking scrumptious and the best wonderful suppers you can ever long for. It is enlightening and I've taken in a considerable measure formulas from this book, love this to make sound formulas rapidly.

Awesome recipes! This cookbook has a wide variety of recipes to satisfy anyone, no matter their taste. I'm a picky eater but I found a lot of recipes that I really like. The instructions are easy to follow and the food is great. This cook book is huge and very helpful. Inside of this book I have found tons of instant pot pressure cooker recipes. Pressure cooker is an amazing tool to save both time and money while making a meal. Really worth recommending!

Delicious & Nutritious!!! All recipes given in this book are very easy to cook. People who have less time or no time to cook must try these recipes. I got a great help in preparing my breakfast. Above all my family members are very grateful to the author for sharing very useful dishes with us. Thank You Ms. Mira Glenn

I've always had a problem with cooking breakfast because of an insufficient amount of time. But Instant pot and this book once and for all solved the problem. Very good recipes, easy to prepare and very tasty. I have prepared a few, already. Thank you, Mira. Excellent book.

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